



Finding Your Soul Mate Worksheet

List Five of your best qualities and characteristics

(for example, honest, loyal, hardworking...):

- 1.
- 2.
- 3.
- 4.
- 5.

Write down two characteristics about yourself that you would like to improve (for example, I'd like to be more fit or I'd like to be more honest about my feelings):

- 1.
- 2.

What's your big dream for your profession?

What's your big personal dream?

List three activities or hobbies that you are passionate about:

- 1.
- 2.
- 3.

List the top 20 qualities and the characteristics that you are looking for in your soul mate:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.